



mindspring

MENTAL HEALTH ALLIANCE

Title: Support Group Facilitator

Department or Team: Programs

Responsible to: Program Coordinator

Works With: Program Coordinator, other support group facilitators, and support group attendees

Description of Role: The Mindspring Support Group Facilitator will facilitate a peer or family support group in the community. This volunteer role will provide a much needed resource and sense of belonging for individuals and families who are looking to connect with others and recognize they are not alone.

Primary Responsibilities: Lead discussions, utilize active listening skills, and provide resources for support group participants.

Secondary Responsibilities: Take attendance, collect data as needed, keep up to date on Mindspring events, webinars and opportunities, and attend ongoing support group facilitator training.

Skills/Qualifications Needed:

- Over the age of 18
- GED or High School Diploma
- Passed cursory background check
- Lived experienced (personal or family member)
- Living well in recovery

Desired Experience: Has attended at least one Mindspring support group

Time Commitment: 2-4 hours once a month. This time commitment is dependent on when and how often the support group is held. Volunteers in this role will also attend a 5-6 hour Mindspring Support Group Facilitator training before facilitating group(s).